

Menus for June 2025

Newport News
Public Schools
Middle School Menu



This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

PBJ-Deli Subs/Wraps
Yogurt w/String Cheese
w/Cheez-its
Baby Carrots-Garden Salad
Apple Slices-Cut up Fruit
Juice (Tues. & Thurs.)

**Menu item may contain pork*

**It's good
to be the
King!**



**Father's
Day
June 15**

Monday, June 2

Breakfast

Banana Bread
Fruit-Juice-Milk

Lunch

Stuffed Crust Pizza
Spaghetti w/Meat Sauce
With Roll
Manager's Special
Choose Two:

Broccoli

Sweet Potatoes

Choose One:

Mandarin Cup, Fresh Fruit

Tuesday, June 3

Breakfast

Dunkin Stick
Fruit-Juice-Milk

Lunch

Rippin Dippins
Corn dog Nuggets
Manager's Special
Choose Two:
Mashed Potatoes w/Gravy

Corn

Choose One:

Strawberry Cup
Whole Fresh Fruit

Wednesday, June 4

Breakfast

Sausage & Gravy Pizza*
Fruit-Juice-Milk

Lunch

Bacon Cheeseburger*
Pizza Crunchers
Chicken Parmesan
w/Garlic Stick
Choose Two:

Tator Tots

Baked Beans

Choose One:

Applesauce Cup, Fresh Fruit

Thursday, June 5

Breakfast

Asst. Mini Pancakes
Fruit-Juice-Milk

Lunch

Beef/Cheese Taco
Spicy Chicken Patty on Bun
Breakfast for Lunch*
w/Texas Toast
Choose Two:

Hash Browns

Collard Greens

Choose One:

Spiced Apples, Fresh Fruit

Friday, June 6

Breakfast

Breakfast Benefit Bar
Fruit-Juice-Milk

Lunch

Buffalo Chicken Dip
w/Tostitos
Chicken Wings, Muffin
Individual Pizza Pie
Choose Two:

Steamed Cabbage

French Fries

Choose One:

Pineapple Cup, Fresh Fruit

Salad of the Day

Monday - Chef's Salad w/Garlic Stick
Tuesday - Country Chicken Salad, Crackers
Wed - BLT Salad w/Garlic Stick*
Thursday - Country Chicken Salad/Crackers
Friday - Hawaiian Chicken Salad
w/Lemon Bread

Monday, June 9

Breakfast

Breakfast Break
Fruit-Juice-Milk

Lunch

Chicken & Gravy w/Rice
And Roll
Buffalo Chicken Pizza
Spaghetti w/Garlic Sticks
Choose Two:

Sweet Potato Waffle Fries
Green Beans

Choose One:

Dole Fruit Cup, Fresh Fruit

Tuesday, June 10

Breakfast

Sausage Stick*
Fruit-Juice-Milk

Lunch

Teriyaki Chicken Bowl
w/Fried Rice, Roll
Spicy Chicken Patty on Bun*
Manager's Special
Choose Two:

Corn

Broccoli

Choose One:

Peach Cup, Fresh Fruit

THE PERFECT PICNIC GUEST.

The pangolin (or "scaly anteater") is a shy and elusive native of Asia and Africa that typically sleeps during the day and hunts at night, using its powerful claws and long, sticky tongue to unearth and devour as many as 70 million ants and termites a year. Invite a pangolin to your next picnic for insect control duty!



ANIMAL APPETITES

DON'T GET!

Take at least
ONE

**FRUIT or
VEGGIE**

and at least
THREE items total
so your meal
counts as a
complete lunch!