

Student, Staff and Visitor Daily Health Screening

[en español](#)

To protect the health and safety of others, all NNPS students, staff members and visitors are expected to perform the following daily health check before coming to school or work.

Symptoms

If you are experiencing any of these symptoms, you must **STAY HOME** for 10 days after symptoms begin:

- | | |
|--|--|
| <input type="checkbox"/> Temperature of 100° F or higher | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Cough/shortness of breath/difficulty breathing* | <input type="checkbox"/> Congestion or runny nose |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Diarrhea, nausea, vomiting, or abdominal pain |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> New loss of taste or smell |
| <input type="checkbox"/> Muscle/Body aches | <input type="checkbox"/> Poor feeding/loss of appetite in children |
| <input type="checkbox"/> Headache | |

** for individuals with chronic allergic/asthmatic cough, a change in their cough from the baseline*

Potential COVID-19 Exposure/Close Contact

If you had close contact with anyone who either tested positive for or is suspected of having COVID-19, you must **STAY HOME** for 14 days after exposure.







- Had close contact with a person with confirmed or suspected COVID-19

Exposure or close contact includes being within 6 feet of the person for 15 minutes or longer in a 24-hour period or being in direct contact (e.g. sharing utensils, coughing, sneezing, kissing, etc.)

Pending or Positive COVID-19 Test Results

Any student, employee or visitor who has been tested for COVID-19, must **STAY HOME** until test results come back. For positive results, you must **STAY HOME** for 10 days. Please notify your school nurse or building administrator immediately. If a household member has tested positive, any unvaccinated students, staff or visitors, must **STAY HOME** for 14 days.

Tips for Returning to School and Work Safely

-  Allow time each morning to complete the screening checklist.
-  Use the same thermometer on the same spot each day for consistency. When using an oral thermometer, avoid food or drinks for at least 15 minutes prior.
-  Practice appropriate mask use. Students, staff and visitors are required to wear masks at all times. Make sure you know how to wear your mask and how to properly put it on and take it off.
-  Practice hand hygiene. Make proper handwashing a frequent part of the daily routine (at least 20 seconds washing the front and back of each hand and between fingers.)
-  Practice distancing.
-  Purchase reusable water bottles. Schools will only have water-refilling stations operating, not water fountains.